

## Medication Policies

Dear Counselors, Campers and Parents,

We are looking forward to an exciting week as we share with you what God has planned. In order to make sure that we meet your needs in regards to any medication you may require during camp, please adhere to the following guidelines:

All medications must be taken to the nurse's station at check-in time. This includes inhalers, Epinephrine pens, pills, liquids, creams, vitamins, and any dietary or herbal supplements.

Prescription Medications:

- 1) Must be in their original container with the **instruction portion clearly seen**. This means that the packaging with the clubbers name, doctor's name, and instructions for dosage and administration must be included with the medication.
- 2) Will only be given **as prescribed** and if not outdated. Please check expiration dates and dosing instructions carefully. If your usual routine for administration differs from the instructions of the doctor, we must give the medication as the doctor has prescribed. We would recommend that you meet with your doctor prior to camp and discuss medication management and be sure everything is in order.
- 3) All medications must be kept at the nurse's station. This includes inhaled, injectable, and topical medications. Lassen Pines has requested that we do not allow any medications outside the locked nurse's station. We will now be fully complying with this request. **Please be assured that camp nurses are available by radio and can quickly deliver an inhaler or Epinephrine pen to your camper if needed. Medications for campers traveling off campus for ministry opportunities will be sent with a responsible adult and be available to the camper if needed.** Our desire is that any camper that wishes to would be able to attend WCHC, but we acknowledge that there might be some chronic medical issues that cannot be managed by our volunteer nurses without the availability of physician collaboration. If you are unsure as to whether our camp is medically appropriate for your clubber, please contact the lead nurse early in the year so that we can discuss arrangements.

Non-Prescription Medications:

- 1) All non-prescription medications (vitamins, dietary supplements, allergy meds, creams, etc.) must be in **new, unopened packages** on arrival to camp to be opened by the nurse upon first administering. Please do not open the medication on the way to camp. Non-prescription medications will only be given in accordance with the printed instructions on the package. Any wishes for different administration must be accompanied by instructions from a doctor on office letterhead.
- 2) Any medications arriving in already opened containers or in unlabeled condition **will not be administered**. Please do not open medications on the way to camp. They must arrive unopened. **Unlabeled medication will be immediately discarded or held and returned to the camper at the end of the week at the nurse's discretion.**
- 3) We would encourage you to find a "blister pack" packaging option for any medications needed at camp. These are usually sealed and individually labeled and can be sent in the exact amount needed to last the week.

Please bring all medications to camp in a **gallon sized zipper sealed bag** (use 2 if needed) with the camper's name written in permanent ink along the top front of the bag. Please **label all equipment and**

***non-prescription medications*** with the camper's name ***prior to arrival*** at camp. This will speed the check-in process.

We keep a good supply of basic medications should your camper need anything. Please do not send any of the following medications *just in case*:

Tylenol  
Motrin  
Benadryl  
Sudafed

Tums  
Pepto-Bismol  
Cough Drops  
Zyrtec

Benadryl Cream  
Hydrocortisone Cream  
Antifungal Cream or Spray  
Triple Antibiotic Ointment